

## The Mentoring Partnership

Mentors and mentees alike look forward to a productive and rewarding mentoring experience. Building an open and enjoyable relationship of mutual respect will be a key to achieving this goal.

## **Working Together**

#### **MENTOR**

**Guides and Motivates** 

Share Information and Facilitates Network Building

Provides Constructive Feedback

# MENTORSHIP COORDINATOR

**Facilitates Match** 

Supports Mentor and Mentee

Troubleshoots and Problem Solves

### **MENTEE**

Continues an Active
Job Search

Sets Specific Career and Job Search Goals

Follows Through on Suggestions and Tasks

## **Quick Guide to Mentoring Activities**

Together you can:

- Review career goals and current job search strategies
- Review job- specific cover letters and resumes
- Discuss ways to leverage transferable skills
- Identify volunteering opportunities
- Discuss Canadian workplace culture
- Role-play informational interviews and job interviews
- Practice telephone screening interviews
- Find opportunities for job shadowing and professional projects
- · Attend industry networking events together

- Find networking opportunities, such as informational interviews with mentor's team members, colleagues, or industry contacts
- Identify professional and soft skills development opportunities

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**MENTORING PARTNERSHIP**